



## Visiting Students Application Instructions

Academic Year: 2026-27

Application deadline: October 1, 2025

### Important to note

All applicants for Fulbright Norway Student grants must follow the steps outlined in these instructions to ensure applications are accurate and complete before submitting by the October 1<sup>st</sup> deadline. Please read the instructions in full before completing the application. Applicants are encouraged to return to this document frequently as they complete the application.

Application link: <https://apply.iie.org/ffsp2026>

The online application system is used by all Fulbright offices worldwide. As such, some of the questions and instructions in the application do not pertain to Norwegian applicants. **Norwegian applicants should follow this instruction document carefully to ensure they meet all country-specific requirements.**

A complete application must be submitted by the end of October 1<sup>st</sup>, 2025. The three letters of reference must also be submitted by the end of October 1<sup>st</sup>, 2025. Applications or papers that are submitted after the deadline will not be considered.

### General information

The application is supported by all modern browsers. We highly recommend that you use a current version of Google Chrome, which supports Windows, Mac, and Linux platforms. Prior to starting an application, please complete the following steps:

#### **Step 1: Make sure you are eligible**

Before you begin your application, make sure you meet the eligibility criteria:

- ✓ You hold Norwegian citizenship. Dual citizenship with Norway and another country is fine, but please note that dual citizenship with the U.S. makes you ineligible to apply for a Fulbright grant.
- ✓ You have completed a bachelor's degree, or you will have completed it before you start your studies in the U.S.
- ✓ Applicants who apply for a Fulbright grant for studies or a degree they have already started in the U.S. are ineligible.
- ✓ Earliest start date of study program, degree or visit in the U.S. is August 1, 2026.
- ✓ As a general matter, preference for Fulbright student opportunities will be given to candidates who have not previously received a Fulbright student grant.
- ✓ Preference will be given to candidates who have not had extensive recent experience in the United States.
- ✓ Candidates may not pursue study or research activities that involve direct clinical patient contact. This can extend to fields of Medical Sciences, Veterinary Medicine, Nursing, Dentistry, Psychological Counselling or any other field that requires direct clinical patient contact and/or prescribing or

administering medication. Candidates with medical degrees may receive awards for advanced academic study, but not for internships or residencies. Awards shall not authorize activity for which a license to practice medicine or nursing is required.

- ✓ If selected for a Fulbright grant, it is a requirement that you travel to the U.S. on a J1 visa sponsored by The Institute of International Education (IIE), not by your U.S. host institution. IIE is the contractual administrative agency for the Fulbright Foreign Student Program. All Fulbright grantees are subject to the **Foreign Residency Requirement (two-year home residency requirement/two-year rule)**. *The "two-year rule" is the common term used for a section of U.S. immigration law which requires many exchange visitors to return to their home countries and be physically present there for at least two years after the conclusion of their exchange visit before they can return to the U.S. under certain types of visas, specifically H-1, L-1, K-1 and immigrant visas.* Source: [Apply for a U.S. Visa | Frequently Asked Questions \(FAQ\) - Norway \(English\) \(ustraveldocs.com\)](#)

### **Step 2: Record username and password in a safe place.**

Your email address is your username. When you create an account for this online application, record your password in a secure place. You can log in and out of the application as frequently as you like using your username and password. If necessary, you can reset your password by clicking the "Forgot Your Password" link on the log-in page.

### **Step 3: complete your application**

You do not need to complete this application at one time. You can re-enter at any time to edit your application. However, once you SUBMIT your application, you CANNOT make changes to it. To complete your application correctly, please answer all questions completely and carefully. Review these additional tips:

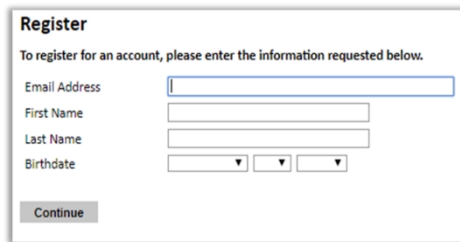
- ✓ Use upper and lower-case letters (e.g. John Smith). Avoid using all capital letters (e.g. JOHN SMITH). Do not use special characters, such as accent marks.
- ✓ You can copy and paste information into all text boxes.
- ✓ Limit your responses to the space provided in all text boxes.
- ✓ Prepare required documents and save them in PDF format. It is highly recommended that to preserve any formatting and special characters in your documents, you upload them in PDF format.
- ✓ Some questions are "required." They are marked with an asterisk (\*). You will not be able to submit your application until all required items are complete.

### **Step 4: submit the application**

Once you have entered all required information, including recommenders, review your application for errors. If all information is correct, submit your application. Once you submit you CANNOT make changes to your application.

## **Creating your online account**

1. To start, follow the application link: <https://apply.iie.org/ffsp2026> and click "Create an account"
2. Enter your email address, first name, last name, and select your date of birth (Month-Date-Year) from the drop-down menus. **Your name must be entered exactly the way it appears (or will appear) on your passport.**



**Register**

To register for an account, please enter the information requested below.

Email Address

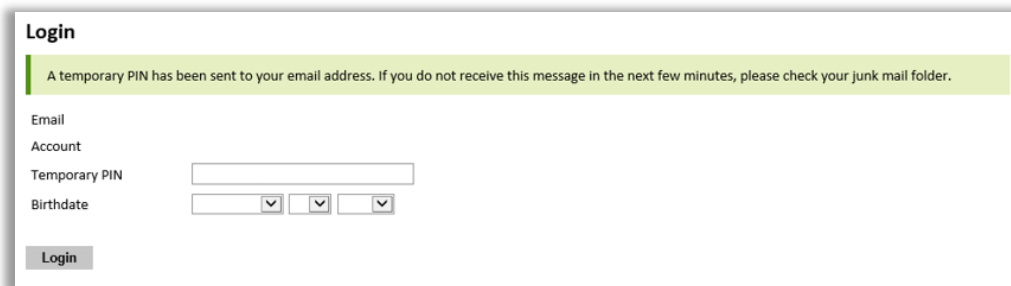
First Name

Last Name

Birthdate

**Note:** Use an email address that you will be able to access for at least two years after submitting your application. This is the email address you will use to log in to your application account. We recommend you do NOT use a work email address if you will not have access to it during your grant in the U.S.

3. Click Continue. You will receive an email from *apply@iie.org* confirming that you have started the application. The email will include a temporary PIN. Follow the instructions in the email to activate your account using the temporary PIN.
4. You will be prompted to enter your pin and then create a password to complete login.



**Login**

A temporary PIN has been sent to your email address. If you do not receive this message in the next few minutes, please check your junk mail folder.

Email

Account

Temporary PIN

Birthdate

5. Returning users: Click Log in and enter your email address and password. If you do not remember your password, click Forgot your password? and follow the resulting instructions.

## Managing your application

### Editing your application prior to submission

1. You may log in at any time to review and edit your application form, upload documents, and enter recommender information.
2. Remember to save your application after completing each page by pressing the Continue button at the bottom of each page.

**Note:** The application will automatically log you out after 60 minutes of inactivity, so it is best to save your application frequently.

### Reviewing your application after submission

1. After you SUBMIT your application, you CANNOT make any changes.
2. You may continue to log into your account to view the information you have submitted, save a PDF of your application form, and manage your recommenders.
3. You can manage your recommenders by clicking on the *Recommendations* section of the online application.

### Letters of recommendation

1. Letters of recommendation will be submitted directly to Fulbright by the recommenders you registered via your application.

2. Letters of recommendation and language evaluations may be submitted before or after you submit the application.
3. If your recommender is unavailable, you will have the option to exclude the recommender and add an alternative after you submit the application.

## Welcome page

Once you have created your account you will be taken to a Welcome page. The Fulbright Policy Guidelines (FFSB policies) are linked from this page. Chapter 500 "Students from partner countries" relates to Norwegian grants. Confirm you have read by ticking the box. You will then be able to progress.

## Preliminary Questions

These questions address essential program eligibility. All questions are required.

1. Select the country through which you are applying for the Fulbright grant from the drop-down menu.
2. Select the **2026-27** program year from the drop-down menu.
3. U.S. Citizenship, Dual Citizenship with the U.S. or Permanent Residency: select 'Yes' or 'No' to indicate your response. Please note that applicants cannot be U.S. citizens or permanent residents of the U.S. to participate in the Fulbright Foreign Student Program.
4. Select 'Yes', 'No', or 'unsure' to indicate if you are aware of, and meet, all program eligibility requirements. Please review the program eligibility requirements provided at the beginning of this document.
5. Carefully review the Data Privacy information. When prompted, indicate your acceptance of data privacy terms by selecting 'Yes' or 'No'. You will not be able to submit your application without indicating your agreement to the Data Privacy terms.
6. Select 'Yes' or 'No' to indicate if you meet all employment eligibility requirements.
7. Select 'Yes' or 'No' to indicate whether you waive your right to review the information contained in the evaluations submitted by recommenders on your behalf.
8. Click *Continue* to save your responses and advance to the next section.

**Please note:** Some Fulbright commissions require candidates to contact them before beginning an application. Fulbright Norway does not require this. You need only contact us if you have questions or concerns.

## Country Information/Spesifikke instruksjoner for norske søkere

1. Alle norske søkere skal fylle ut et **Cover sheet** - det finner du på [denne](#) nettsiden (under Steg 2) eller under «Supplemental Forms» her i søknadsportalen. Cover sheet lastes opp under «Additional Information» i søknaden.
2. **Academic Materials:** her laster du opp ordinære kopier av karakterutskrifter og diplomer (**etter videregående skole**), på engelsk. Dersom du blir nominert til stipend, vil vi senere be om bekreftede

kopier eller lenke til Vitnemålsportalen.

3. **Test Scores:** merk at disse testene ikke er påkrevd for å søke om stipend fra Fulbright. Det er søkers eget ansvar å finne ut hvilke tester som er påkrevd for institusjonene eller universitetene man søker seg til i USA.
4. **Study Plan:** Når du velger fra menyen i dette feltet, så vær oppmerksom på at man skal oppgi det man skal gjøre i USA, ikke graden du holder på med hjemme.  
**Master's:** de som skal ta en hel mastergrad i USA (varighet 1-2 år)  
**Doctorate:** de som skal ta en hel doktorgrad i USA (varighet 3-5 år)  
**Nondegree:** de som skal ta ett år av graden sin i USA, men avlegge selve graden i hjemlandet. Her er det krav om status som **fulltidsstudent** i USA, altså må man ta kurs for credits og betale tuition/fees. Vanligvis defineres «fulltid» som minimum 9 credits pr semester, men merk at antall credits som gir fulltidsstatus kan variere fra institusjon til institusjon, og det er institusjonens definisjon som gjelder. Varighet er 9-10 måneder.  
**Visiting Student Researcher:** oftest brukt for de som skal ta deler av graden sin i USA, men avlegge selve graden i hjemlandet. Man kan ikke ta credits, men kan- hvis tillatt fra vertsinstitusjonen etter ankomst USA -"audit" kurs- altså følge kurs uten å ta credits. Denne kategorien brukes ofte om de som skal forske/skrive på egen oppgave/avhandling, gjerne på doktorgradsnivå. (Varighet: ett akademisk år, minimum 4 måneder for doktorgradsstudenter)  
**Other:** benyttes dersom ingen av de øvrige kategoriene passer
5. **Study/Research Objective:** Vær oppmerksom på at norske søkere **skal** oppgi hvilke institusjoner de tenker søke seg til i USA og begrunne dette, i essayet. «Study/research objective» beskrivelsen er en betydelig og svært viktig del av søknaden din. Du bør bruke god tid på å forfatte en klar og tydelig detaljert beskrivelse av studieprogrammet du ønsker å følge. Du bør beskrive emner innen ditt studiefelt som du ønsker å spesialisere deg innenfor. Hvis det er spesifikke studie- eller forskningsområder du ønsker å fordype deg i er det lurt å beskrive dette.
6. Merk at følgende skjemaer **ikke** skal legges ved av norske søkere: **Information Concerning Foreign Student Academic Records, Transcript Release Form, Report on Proficiency in English, Writing Sample.**
7. **Financial Information:** du behøver ikke fylle ut punktet om «Family funds». Det er kun «Expected Additional Funding» og «Passport/Travel Document and Dependents» som skal besvares.
8. **Recommendations** (side 24): Du må ha tre referanse-/anbefalingsbrev. Disse brevene er veldig viktige. Minimum to av brevene bør være skrevet av noen som kjenner deg som student eller forsker, eller som har gitt deg veiledning i forbindelse med studie- eller forskningsoppgaver. Et referansebrev fra tidligere eller nåværende arbeidsgiver kan også benyttes dersom ikke alle tre referansebrev er fra noen som kjenner deg som student eller forsker. Referansebrevene skal ikke være skrevet av noen som er i slekt eller familie med deg, eller av personlige venner. Merk at alle referansebrev må være oppdaterte og skrevet med henblikk på en Fulbright stipendsøknad. Søker klikker på «Register Recommenders» i menyen til venstre for å registrere referansepersonene. Disse får deretter tilsendt en automatisert e-post med instruksjoner om prosessen og hva de skal gjøre. Referansepersonene må benytte skjema og opplastningsfunksjoner i online-søknaden; referansebrev som sendes utenom regnes ikke som konfidensielle og vil ikke kunne vurderes. **Merk at det er søkers ansvar å sørge for at alle tre referansebrev er innsendt innen søknadsfristen 1.oktober. Søknaden din anses ikke som fullstendig hvis ikke alle referansebrev er innsendt innen fristen.**

## Personal Information

Enter all required biographical information.

1. Enter your name exactly as it appears on your passport. Only enter a preferred first name if it is DIFFERENT than your legal name (e.g. Alex instead of Alexander).
2. If your name is recorded differently on any previous records, list it in the Name on Previous Records section (e.g. maiden name).
3. The birthdate that you used to create your account will automatically appear. If you entered this date incorrectly during your account creation, you may correct it now.
4. Enter your city of birth and select country of birth, sex, and marital status from the drop-down menus provided.
5. List any form of limitation that may require accommodation. This information is gathered to ensure appropriate accommodation is available at a prospective host institution, and for statistical purposes.
6. Select your country of citizenship and country of residence from the drop-down menus provided.
7. **Norwegian applicants do not need to enter their national identification number**, but please enter any additional countries in which you hold citizenship. To select multiple countries, hold down the CTRL (PC) or Command (Mac) button when selecting options.
8. Click *Continue* to save your responses and advance to the next section.

## Contact Information

Enter all required information.

1. Select the country where you live from the drop-down list first when entering your permanent address (i.e. physical address where you live).
  - a. Based on your country selection, the subsequent fields will change to match the address format of that country.
  - b. Complete the remaining address fields. Do not use accents or special characters.
2. Select 'Yes' or 'No' to indicate if your current mailing address (i.e. the address where you receive mail) is the same as the permanent address you entered above. *They do not have to be the same.*
  - a. If you answer 'No,' then a second address section will appear where you may enter your mailing address information.
  - b. If you answer 'Yes' to this question, proceed immediately to the next question.
3. Enter your contact numbers, including the country code. If the field turns red, please review the numbers that you have entered to identify any errors.
  - a. To find the correct country code, click on the blue 'country code' link.

4. The email address used to create your account will appear in the primary email address field and will not be editable. You may provide an Alternate/Secondary Email that can be used to contact you if Fulbright Program Officers cannot reach you via your primary email address.  
**Note:** All system-generated emails will continue to go to your primary email address.
5. Enter your home country emergency contact information. The individual(s) you list may be contacted in the event of an emergency while you are participating in grant activities, including any required travel for interviews in your home country.
  - a. When entering the address, choose the country first and the following fields will update to match the address format of the selected country.
6. **Entering emergency contact information in the United States is not required.** If you have emergency contact(s) in the United States at this time, please enter the appropriate information.
7. Click *Continue* to save your responses and advance to the next section.

## Academic & Professional Information

This section collects information about your academic and professional background, including your curriculum vitae/resumé, academic degrees, professional experience, awards and recognitions, and experience abroad.

Prepare and upload documents in PDF format as required (\*). Note any page limits and ensure your documents do not exceed page limits.

### Curriculum Vitae/Resumé

Upload your curriculum vitae/resumé in PDF format that does not exceed four (4) pages.

**Note:** If your file exceeds 4 pages, an error message will appear.

Curriculum Vitae/Resume	Please upload a document that does not exceed four (4) pages.	Choose File	No file chosen
		Upload	

### Academic Background

List all post-secondary educational institutions you have attended for credit-bearing coursework, in reverse chronological order, including any in which you might be presently enrolled. Do not include any short-term certificate programs. These should be noted on your CV/Resume. You **MUST** include any education institutions you are currently attending (even if you have not yet completed your educational program) and estimated date of graduation/completion.

1. Click *Add New Academic Background*

2. Type in the name of the institution
3. Choose the level of study (graduate or undergraduate) from the drop-down menu
4. Select the country where the institution is located from the drop-down menu
5. Enter the appropriate city and region/state
6. Provide the website of the institution (optional)
7. Select the U.S. equivalent of the degree or diploma earned (e.g., BA – bachelor’s degree). A quick google search will help you find the US equivalent code for your degrees. If an equivalent degree code is not listed, select “Baccalaureate, Other”
8. Enter the discipline in which this degree or diploma was earned
9. If relevant, provide the actual name of the degree or diploma (e.g., master’s)
10. Enter your final cumulative Grade Point Average, as noted on your transcripts or diploma. If you are unable to source this information, enter “NA” (this is a required field)
11. Select the month and year of start and end dates (Month – Year format) that you attended this institution. If a degree is in progress, list expected end date of academic program
12. Select the date (Month-Year format) that you received your degree from this institution. If a degree is in progress, list expected date of conferral in this field
13. Click *Save*.

Academic Background	
Institution*	<input type="text"/>
Level of Study*	<input type="text"/>
Institution Location (all address fields are required)*	
Country	<input type="text" value="United States"/>
City	<input type="text"/>
State	<input type="text" value="Select State"/>
Website	
Name of Diploma or Degree Equivalent*	<input type="text"/>
Discipline/Subject*	<input type="text"/>
Actual/Local Name of Degree or Diploma*	<input type="text"/>
Final cumulative GPA (grade point average)*	<input type="text"/>
Highest Possible GPA of Academic Institution	<input type="text"/>
Enrolled From*	<input type="text"/> <input type="text"/>

To add additional entries for post-secondary educational institutions, click *Add New Academic Background* and follow the bulleted instructions above. **NOTE:** When adding a second degree program from an institution that has already been entered, add Degree 2, Degree 3, etc. into the Institution Field and click save. This ensures that the original degree from that institution will not be overwritten.

### Professional Experience

List your current professional affiliation or employer and any relevant previous professional experience by clicking *Add New Professional Experience* under Position Title.

1. Choose the role which most closely corresponds to your current role and/or relevant previous professional work experience from the drop-down menu
2. Enter position title (e.g. Director, Assistant Director, etc.) or type of work (e.g. accounting)
3. Enter the name of your employer
4. Select the start and end dates for the position you entered (Month-Year format). If you are currently employed in this role, leave the End Date fields blank
5. Select the country where your current place of employment is located from the drop-down menu. Enter in the street address, city, state/region, and post code as applicable
6. Click *Save*

If you have more than one current position and/or relevant previous professional experience, click *Add New Professional Experience* and follow the instructions above.

### Awards & Recognitions

Enter a list of the following items into the text boxes provided (all text boxes have a 250-word limit). If you do not have anything to add, leave the text boxes blank:

1. Any scholarships and/or fellowships you currently or previously received (include the source or sponsor, amount, where held and duration)
2. Any academic honors and prizes that you have received (include any titles and/or dates)
3. Any books, articles, and/or thesis published by you, particularly in your proposed field of study



- (include the title, place, and date of publication)
4. Any teaching experience (current or previous positions); this is especially relevant for PhD candidates and candidates in the field of education
  5. Any research you have completed or in which you are currently involved
  6. Any memberships in professional organizations, or licensing obtained by a professional organization

### Experience Abroad

List any travel, study or residency you have had abroad (in any country other than your own) *for more than one month*. This can include time overseas for education, research, business, vacation, etc.

1. Click *Add New Experience Abroad*
2. Select the country in which you spent your professional travel and/or residence abroad from the drop-down menu provided
3. Select the start and end dates (Month-Year format) of your travel/residency
4. Enter the purpose of your travel abroad
5. Click *Save*

If you have more than one trip abroad to enter, click *Add New Experience Abroad* again, and follow the bulleted instructions until all entries have been saved.

Select 'Yes' or 'No' to indicate if you have previously entered the United States on a J-1 or J-2 visa. If 'Yes', you are required to select the J category of sponsorship from the list and upload a copy of your previous DS-2019.

Select 'Yes' or 'No' to indicate if you have previously been awarded a Fulbright grant. If 'Yes', you are required to list the grant(s).

Click *Continue* to save your responses and advance to the next section.

## Academic Materials

This section collects copies of your unofficial transcripts and/or diplomas. A diploma is the US term for the certificate of completion or degree award. **Her laster du opp ordinære kopier av karakterutskrifter og diplomer (etter videregående skole), på engelsk. Dersom du blir nominert til stipend, vil vi senere be om bekreftede kopier eller lenke til Vitnemålsportalen.**

1. Select the corresponding institution from the list of institutions you previously entered.
2. Review the institution information (which you provided on the previous page). If this information is incorrect, you can edit the information directly in the popup box.
  - a. If you do not see an institution that you attended below, you may either return to the Academic & Professional Information page and update your academic background or add the institution by clicking the "Add Institution" link.
3. Select *Choose File* and locate the desired file on your computer. Click *Open*.
  - a. You may upload transcripts/diplomas as a multi-page documents or upload single page documents. PDF, JPEG, and TIFF image files are all accepted.
4. Click *Save*. Repeat these steps for all applicable institutions.
5. Click *Continue* to save your responses and advance to the next section.

## Language Skills

This section collects information about your native language, English language skills, and any additional languages that are relevant to your project proposal.

### Native Language Skills:

1. Select your native language from the drop-down menu provided.

If your native language is not English, a section collecting your English language proficiency will appear.

2. Rate your English language proficiency in Reading, Writing, and Speaking. Select Native, Advanced, Intermediate, Beginner or No Ability from the drop-down menus as appropriate.

### Additional Language Skills:

3. Select the number of additional languages that you would like to include that may be of use for your project or study plans.
4. Select the language you are reporting from the drop-down menu and rate your proficiency in Reading, Writing, and Speaking. Select Native, Advanced, Intermediate, Beginner or No Ability from the drop-down menus as appropriate.
5. Click *Continue* to save your responses and advance to the next section

## Standardized Test Scores

This section collects information about standardized test scores that you have taken or will take in the future. Standardized tests include TOEFL, Duolingo, GRE, GMAT, IELTS, MCAT and LSAT. Standardized test scores are often required for admission to U.S. institutions. **You are not required to have completed any standardized tests in order to apply for a Fulbright award.**

1. Select *Add Test*.
2. Select the test type from the drop-down menu.
3. Select the test date from the drop-down menu (Month-Day-Year format).
  - a. If you have not yet taken the test, enter the date that you are registered for the test.
4. Enter your test scores, if you have the results from the test.
5. Click *Save*. Repeat these steps for all applicable standardized tests.
6. Click *Continue* to save your responses and advance to the next section.

## Plagiarism Agreement

Carefully review the Plagiarism Agreement and indicate your acceptance of the terms by selecting 'Yes' or 'No'. If you select 'No' you will receive a warning message and you will not be able to submit your application. Click *Continue* to save your response and advance to the next section.

## Study Plan

This section collects information about your proposed plan of study **in the U.S.**

*Når du velger fra menyen i dette feltet, så vær oppmerksom på at man skal oppgi det man skal gjøre i USA, ikke graden du holder på med hjemme.*

**Master's:** de som skal ta en hel mastergrad i USA (varighet 1-2 år)

**Doctorate:** de som skal ta en hel doktorgrad i USA (varighet 3-5 år)

**Nondegree:** de som skal ta ett år av graden sin i USA, men avlegge selve graden i hjemlandet. Her er det krav om status som **fulltidsstudent** i USA, altså må man ta kurs for credits og betale tuition/fees. Vanligvis defineres «fulltid» som minimum 9 credits pr semester, men merk at antall credits som gir fulltidsstatus kan variere fra institusjon til institusjon, og det er institusjonens definisjon som gjelder. Varighet er 9-10 måneder.

**Visiting Student Researcher:** oftest brukt for de som skal ta deler av graden sin i USA, men avlegge selve graden i hjemlandet. Man kan ikke ta credits, men kan- hvis tillatt fra vertsinstitusjonen etter ankomst USA -"audit" kurs- altså følge kurs uten å ta credits. Denne kategorien brukes ofte om de som skal forske/skrive på egen oppgave/avhandling, gjerne på doktorgradsnivå. (Varighet: ett akademisk år, minimum 4 måneder for doktorgradsstudenter)

**Other:** benyttes dersom ingen av de øvrige kategoriene passer

1. Select the degree objective to which you are applying.
2. Select the most appropriate major academic discipline and primary specialization from the drop-down menus.
  - a. Some fields, such as Arts and Architecture, will trigger a message that you are required to upload portfolio materials as part of your application. You will be able to upload materials on the next page.
3. Enter a brief description of the field in which you plan to specialize in the United States in the text box.
4. For **Visiting Student Researchers** only: Enter a brief description of any resources that you will require to successfully complete your research in the U.S.
5. Enter a description of your future plans in the text box.

### Intended Grant Period

6. Enter your proposed length of stay in the United States and select your proposed date of arrival in the United States (Month-Day-Year format) from the drop-down menu. Typically, degree-seeking students will begin in August/September of the proposed academic year. Visiting Student Researchers must stay between 4 and 12 months and may not commence before August 1.

## Study/Research Objective

7. Upload a copy of your study/research objective. Please write a clear and detailed description of your study/research objectives and provide your reasons for wanting to pursue them. This statement is an essential part of your application and is required. Please see the [“Study Objective and Personal Statement Guidelines”](#) for more information.

*Vær oppmerksom på at norske søkere **skal** oppgi hvilke institusjoner de tenker søke seg til i USA og begrunne dette, i essayet. «Study/research objective» beskrivelsen er en betydelig og svært viktig del av søknaden din. Du bør bruke god tid på å forfatte en klar og tydelig detaljert beskrivelse av studieprogrammet du ønsker å følge. Du bør beskrive emner innen ditt studiefelt som du ønsker å spesialisere deg innenfor. Hvis det er spesifikke studie- eller forskningsområder du ønsker å fordype deg i er det lurt å beskrive dette. **Lengde på Study/Research objective: 1-2 sider. Lastes opp som PDF.***

## Personal Statement

8. Upload a copy of your personal statement. This is a required document. Your personal statement should be a narrative statement providing insight to the Selection Committee about you as an individual - your ideals, personal background and motivations. The Fulbright program is primarily a cultural exchange initiative. We are looking for strong cultural ambassadors, and this statement offers a chance for our selection panels to gain insight into who you are beyond your professional background. Please see the [“Study Objective and Personal Statement Guidelines”](#) for more information. **Lengde på Personal Statement: 1-2 sider. Lastes opp som PDF.**

## Writing sample

9. A writing sample is **not required** for Norwegian applicants.

## Proposed U.S. institution

10. List the U.S. university/institution that you plan to attend and to which you have been admitted, if applicable.

Upload a letter of admission or letter of invitation from a U.S. institution, if you have received one. Note: it is NOT required to have started applications to U.S. institutions in order to apply for a Fulbright grant.

If your intended degree objective is **Visiting Student Researcher**, it is not a requirement to upload a letter of invitation but it is **highly recommended** to do so.

## Applied U.S. institutions

11. List all U.S. institutions to which you have applied **or intend to apply**.

## Grant and Travel Plans

This section gathers information on your personal finances, additional funding you may have applied for/received, passport, and accompanying dependents.

A Fulbright grant may only cover a portion of your expenses while you are in the US. You may need to provide funds from your own or other sources. Complete this section as completely and accurately as possible based on information that you have at the time of application. Enter figures in US dollars. Note: the information and amounts provided here are indicative only and is not binding. Information provided here will not influence application outcomes in any way.

### **Family funds**

*Fylles ikke ut av norske søkere*

### **Expected Additional Funding**

List all non-Fulbright funding you expect to receive during your grant.

Select 'Yes' or 'No' to indicate if you have been awarded or expect to receive financial assistance from a university or institution in your home country while in the U.S., or funding from any other sources. If 'Yes', select the number of other sources of funding you expect to receive.

Enter Source Description

Estimated Amount (in USD)

The Other Funds Total field will automatically update based on the amounts provided above.

Indicate if you are planning to apply for, or have applied for and/or received, other sources of funding such as a fellowship, assistantship, or other educational grant or loan from another organization, government or educational institution. Include funding title, source, period of funding, and amount of funding for which you are applying, and if/how this project relates to Fulbright project. If additional funding is received after Fulbright application is submitted, please update Fulbright administration. Maximum 1000 characters.

Select 'Yes' or 'No' to indicate whether the same amount of funding you listed above in Grand Total will be available for your second year of study in the United States. If yes, move to the next section. If no, enter the amounts of any additional funding you expect for the second year.

### **Travel Funding**

Select 'Yes' or 'No' to indicate if you have travel funds available and can pay for your round-trip travel to the United States if necessary. If 'Yes', enter the amount of travel funding available. If 'No', move to the next section.

### **Passport/Travel Document and Dependents**

Please upload a copy of your passport.

Select the number of dependents you intend to have accompany you to the U.S. (select 0 if you do not have dependents or your dependents will not accompany you to the U.S.).

Enter required information for each dependent, including relationship to you, name, and intended length of stay in the U.S. (in number of months). Enter information for how you will provide for your dependents during your time in the U.S. in the text box.

Click Save and Continue to save your responses and advance to the next section.

## Additional Information

Use this section to upload the **Fulbright Norway Cover Sheet** (can be found under “Steg 4” on [this page](#)).

Complete the Outreach Survey. Click Continue to save your responses and advance to the next section.

## Recommendations

**Note:** in order to view and complete the recommender section you must first complete the Reference Materials Waiver filed in the Preliminary Questions section.

*Du må ha 3 referanse-/anbefalingsbrev. Disse brevene er veldig viktige. Minimum to av brevene bør være skrevet av noen som kjenner deg som student eller forsker, eller som har gitt deg veiledning i forbindelse med studie- eller forskningsoppgaver. Ett referansebrev fra tidligere eller nåværende arbeidsgiver kan også benyttes dersom ikke alle tre referansebrev er fra noen som kjenner deg som student eller forsker. Referansebrevene skal ikke være skrevet av noen som er i slekt eller familie med deg, eller av personlige venner. **Merk at alle referansebrev må være oppdaterte og skrevet med henblikk på en Fulbright stipendsøknad. Alle referansebrev må være skrevet på engelsk.** Søker klikker på «Register Recommenders» i menyen til venstre for å registrere referansepersonene. Disse får deretter tilsendt en automatisert e-post med instruksjoner om prosessen, og hva de skal gjøre. Referansepersonene må benytte skjema og opplastningsfunksjoner i online-søknaden. **Merk at det er søkers ansvar å sørge for at alle tre referansebrev er innsendt innen søknadsfristen 1.oktober.** Søknaden din anses ikke som fullstendig hvis ikke alle referansebrev er innsendt innen fristen.*

Use this section to register your three recommenders. Once you register your recommenders, they will receive an automatic email with instructions on completing the online recommendation form. You can track the status of recommendations, send reminders, and add/delete recommenders through this system before and after submission of your application. **Letters of recommendation must be submitted directly by your recommenders via the online application.**

1. Click *Add Recommender*.
2. Complete all fields in the pop-up form →
3. Click *Send to Recommender* to generate automatic email to recommender.
4. Click *Continue* to save your responses and advance to the next section.
5. Once sent, you will have the option to Edit Recommender information if they have not yet started progress on their response and Save, Send Reminders, and Exclude if you wish to remove the recommender and replace with another individual.

The screenshot shows a pop-up window titled "Add Recommender". It contains the following fields: Prefix (a dropdown menu), First Name, Last Name, Institution, Position/Title, Relationship, Telephone, and Email. Below these fields is a "Personal message to recommender" text area. A note states: "Note: Applicants are encouraged to provide a professional email address for their recommenders (i.e. institutional email address for a professor, a corporate email address for a supervisor) when possible." Another note at the bottom of the text area says: "You may include a personal message for your recommender here. If your program has a recommend deadline, please use this message to communicate this deadline to your recommender." At the bottom of the form are two buttons: "Send To Recommender" and "Cancel".

## Signature

Certify that the information you provided in the application is true and complete by typing your full legal name in the Signature Box. Click *Confirm* to continue to the next page.

## Review

The application will review the responses entered and will display any incomplete questions and required attachments that are missing.

- If no errors appear, then your application is ready for submission.
- If any errors appear, correct or complete these sections and return to the Review section to determine if your application is ready for submission.

**REVIEW ALL RESPONSES. CLICK SUBMIT.**

Contact Fulbright Norway immediately if you need to amend your submitted application before the deadline.